

Class of 2027

COUNSELING NEWSLETTER

December 2023 / Vol 5

Individual Plan of Study

I know it seems early but students will work on updating their Individual Plan of Study (IPS) the first week of December by selecting classes for next school year. I will then meet one-on-one with each student to review the Course Planner and finalize their selections early in the spring semester. Winter break is a great time to have conversations about their future plans and course selections. Ask your child invite you to view their IPS if they have not already done so.

As the year draws to a close

The first semester of the 2023-24 school year is quickly coming to an end. December 18th and 19th students will be taking final exams. Many of our students are not where we, and I am sure you, would like them to be grade-wise. Help your child come up with a plan and quiet place to study that is free of distractions (i.e. cell phones, TV, gaming systems). Good study skills have to be practiced before they become habit.

If your child does not pass a class needed to meet a graduation requirement, there are a few options - after school credit recovery, summer school, or replacing an elective with the required class next school year. I will be reaching out individually to discuss further for those to whom this applies. Please reach to me or the teacher if you have questions about your child's grades.

How to Connect:

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Generosity

December's counseling focus is Generosity. Generosity is the act of being kind, selfless, and giving to others. Being generous can increase our overall sense of wellness. We will spend the month sharing information about what it means to be generous, the lasting benefits of generosity, ways to practice generosity, and more.

A few resources to learn more include:

- <https://www.psychologytoday.com/us/blog/click-here-happiness/201902/what-is-generosity-and-how-be-more-generous-person>
- <https://www.fool.com/the-ascent/banks/articles/8-biggest-benefits-being-generous>
- <https://health.usnews.com/wellness/for-parents/articles/2017-04-04/6-ways-kids-can-be-generous-that-dont-involve-money>
- https://www.youtube.com/watch?v=aiM2BobJk_U
- https://ggsc.berkeley.edu/images/uploads/GGSC-JTF_White_Paper-Generosity-FINAL.pdf

IMPORTANT DATES

- Dec. 4: Elective Fair during ELO
- Dec. 12: Board of Education meeting
- Dec. 14: Joyous Noel concert @ 7:00 PM
- Dec. 18 & 19: Semester Finals
- Dec. 20: Teacher work day - no school for students
- Dec. 21 - Jan. 3: Winter Break
- Jan. 3: Teacher Inservice
- Jan. 4: 1st day of 2nd semester
- **Jan. 10: Parent Enrollment Information Night @ 6:30 PM**
- Jan. 15: NO SCHOOL
- Feb. 7 & 8: Parent Teacher Conferences
- Feb. 9 & 12: NO SCHOOL

Please Join Us

We will be hosting a Parent Enrollment Information Night on Wednesday, January 10th at 6:30 PM. Come to learn more about the enrollment process and the classes available to your child in the coming school year. We look forward to seeing you then.



Happy Holidays

As the holiday season approaches, I extend my heartfelt wishes to you and your loved ones for a safe and restful winter break. May you cherish precious moments with family and friends, enjoy laughter, and experience a sense of tranquility.

I would also like to express my gratitude for entrusting us with the education of your child.

Your unwavering support and partnership through their high school career has been invaluable. Thank you.